

## Stephanie Bennett Vogt

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Phone: 978-369-3629                      www.YourSpaciousSelf.org  
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### Education and Training

2000-04      Certified: *Personal and Environmental Space Clearing* with Eric Dowsett  
1997-2000    Certified: *Space Clearing Practitioner's Training* with Karen Kingston  
  
2010            *Reconnective Healing* with Dr. Eric Pearl  
1999-2003    *Core-Individuation* associate with Desda Zuckerman  
1996-98      Second-degree *Reiki* with John Harvey Grey, oldest living Reiki master  
1996-97      *Women's Spirituality Program*, Interface in Cambridge, MA  
1969-70      *The Silva Method* with Janet McKim, Mexico City, Mexico  
  
Since 1996    *Svaroopaa Yoga*, ongoing practitioner at Yoga for Life, Concord, MA  
  
1981            *Master of Arts*, Boston University  
1976            *Bachelor of Arts*, Dickinson College

### Other Teaching Experience

1980-1996    The Winsor School, Boston, MA  
1979-1981    Boston University, Boston, MA  
1976-79      Phillips Academy, Andover, MA

### Private Practice

1998-Present    Founder of *SpaceClear*, a private teaching and consulting practice based in Concord, Massachusetts: [www.spaceclear.com](http://www.spaceclear.com)

### Programs Developed and Taught Since 2008

For full detailed descriptions, go to [www.spaceclear.com](http://www.spaceclear.com) and click on Programs:

- *Your Amazing Life*: five-day Space Clearing and Personal Clearing program at the New England School of Feng Shui, every year since 2008
- *Your Spacious Self – Clear Your Clutter and Discover Who You Are*: two-day retreats at the Kripalu Center, every year since 2009
- *Space Clearing Certificate Training Program*: year-long practitioner's program at the New England School of Feng Shui
- *Simple Life, Spacious Life – Clearing Circle for Women*: half-day program at the Women's Well
- *Spacious in Mexico*: two-day workshop co-taught with certified life coach, Nancy G. Shapiro, in San Miguel de Allende, Mexico

- *Subsidy Publishing*: one-hour presentation at the San Miguel Writer's Conference
- *Viral and Tribal Your Way to Success*: one-hour presentation on Social Media and Marketing at the San Miguel Writer's Conference

### **Other Programs Developed and Taught Since 1997**

- *Personal Clearing Workshop*: one-day and four-week workshop series
- *Space Clearing – Lighten Up Your Home and Life*: evening and one-day workshop
- *Your Spacious Self – Six Weeks to Clarity and Freedom*: six-week workshop series
- *Clearing Circle – Create Your Own Clutter Clearing Support Group*: three-hour workshop
- *Tending the Home*: evening and one-day workshop
- *Clear Your Clutter, Change Your Life – One Drawer at a Time*: evening presentation
- *Clutter Clearing – A Sacred Journey of Letting Go*: weekend retreat
- *Clutter Clearing – Six Secrets that Can Set You Free*: power-point presentation

### **Books, Publications, Current Writing**

- 2011, 2007      *Your Spacious Self: Clear Your Clutter and Discover Who You Are*  
Bloomington, IN: iUniverse, Inc., first edition, 2007, second edition, 2011  
Awarded Editor's Choice, Reader's Choice, and Publisher's Choice
- 2011-Present    *SPacious SELF*, monthly column for *Travel to Wellness* magazine
- 2008             *Your Spacious Self – Online Course* [companion to book]: [www.yourspaciousself.com](http://www.yourspaciousself.com)
- 2008             *Your Spacious Self – 30-day Free Email Message Series*: [www.yourspaciousself.org](http://www.yourspaciousself.org)
- 2008-Present   *Ezine Articles Expert Author*: [www.ezinearticles.com](http://www.ezinearticles.com)
- 2007-Present   *SpaceClear Journeys – Quarterly Newsletter*: [www.spaceclear.com](http://www.spaceclear.com)
- 2007-Present   *SpaceClear Reflections – Bi-weekly blog*: [www.spaceclear.com](http://www.spaceclear.com)

### **Educational Materials Developed and Launched Online**

- 2011             *Your Spacious Self – Multi-media E-book App*
- 2008             *Your Spacious Self – Online Course*: [www.yourspaciousself.com](http://www.yourspaciousself.com)
- 2008             *Your Spacious Self – Inspirational Flash Movie*: [www.yourspaciousself.org](http://www.yourspaciousself.org)
- 2008             *Your Spacious Self – 30-day Free Email Message Series*: [www.yourspaciousself.org](http://www.yourspaciousself.org)
- 2008             *Your Spacious Self – Free Mini-Course*: [www.yourspaciousself.org/mini](http://www.yourspaciousself.org/mini)
- 2008             *Clear the Clutter From Your Life*: [www.squidoo.com/clearyourclutter](http://www.squidoo.com/clearyourclutter)
- 2008             *Clearing Circles: Start Your Own Clutter Clearing Support Group*  
[www.squidoo.com/clutterclearingcircle](http://www.squidoo.com/clutterclearingcircle)

### **About Me**

- Born and raised in Mexico City, Mexico
- Bilingual in English and Spanish
- Happily married 25 years to Jay W. Vogt; mother of Camilla Bennett Vogt